



Hill Vital
Najlepšie prírodné riešenie.

„Beda, kto v mory vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

ZDROJE OBRÁZKOV

Osteoporóza - Houston Rheumatology care

<shutterstock_225483196.jpg>,
<<https://houstonrheumatologycare.com/rheumatoid-arthritis/>>

Hemoroidy - foto Profimedia.sk

<Q-CgwgyPRnXMiEUr5p8D0Q_Pichanie-a-p-lenie-v-kone-n-ku-b-va-jedn-m.jpg>

<<https://t.aimg.sk/magaziny/Q-CgwgyPRnXMiEUr5p8D0Q~Pichanie-a-p-lenie-v-kone-n-ku-b-va-jedn-m.jpg?t=LzY0MHgzNTgvdG9w&h=p59xzUOodaYomzEtzNsBtg&e=2145916800&v=3>>

Opuch nôh - *₁ Postpartum swelling: Causes and 10 natural treatments

Medical News Today

<<https://cdn1.medicalnewstoday.com/content/images/articles/322/322504/postpartum-swelling-in-ankle-and-legs-causing-pain-for-woman.jpg>>

<<https://www.medicalnewstoday.com/articles/322504.php>>

-*₂ Top 10 Healthy Strategies for Fighting Fatigue and Exhaustion | BrainMD

BrainMD Health

Healthy Strategies for Fighting Fatigue and Exhaustion

<<https://www.brainmdhealth.com/blog/wp-content/uploads/fightingfatigue.jpg>>

<<https://www.brainmdhealth.com/blog/healthy-strategies-for-fighting-fatigue-and-exhaustion/>

>

Pigmentové škvrny - *₁ How to Remove Brown Pigment Spots | Dr. Aggarwal

Vein Care Center, brown spots patient

<<https://www.yourveincarecenter.com/wp-content/uploads/2018/11/brown-spots.jpg>>

-*₂ Removal of pigment spots - Innovative Dermatology Center

Inovatyvios Dermatologijos Centras

<<https://www.skin.lt/site/wp-content/uploads/2016/10/pigmentiniu-demiu-salinimas.jpg>>

Ischias - Ischias (Ischiasschmerzen, Ischialgie): Wie kann man die Schmerzen ...

Onmeda, Eine Frau greift sich vor Schmerzen in den Rücken.

<<https://www.onmeda.de/krankheiten/rueckenschmerzen.html>>



Hill Vital
Najlepšie prírodné riešenie.
„Beda, kto v mory vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

<https://i.onmeda.de/frau_kreuzschmerzen-635x355.jpg>

Odvodnenie organizmu - *₁ Elderflower Tea – Teas Cure teasure.com, Antioxidant Content Flu-Fighting Ability Cholesterol Benefits

<<https://teasure.com/wp-content/uploads/2018/05/elderflower.jpg>>

-*₂ Pineapples | SNAP-Ed SNAP-Ed Connection - USDA, Pineapples

<https://snaped.fns.usda.gov/sites/default/files/styles/crop_ratio_7_5/public/seasonal-produce/2018-05/pineapple.jpg?itok=K2ogcmVH>

Banner - úvod použité atribúty - Happy old people - Kenwood Hearing Centers

<<https://goodhearing.com/landing/old-people/>>

<<https://goodhearing.com/wp-content/uploads/2018/12/old-people-768x528.jpg>>

Kat. Neuropatia - Idiopathic Neuropathy, Definition and Patient Education Healthline

<https://www.healthline.com/hlcmsresource/images/imce/idiopathic-neuropathy_thumb.jpg>

Kat. Polyneuropatia - Improving Quality of Life After Polyneuropathy, The Jackson Clinics ...

The Jackson Clinics, Physical Therapy, Improving Quality of Life After Polyneuropathy

<<https://thejacksonclinics.com/wp-content/uploads/ThinkstockPhotos-184420125.jpg>>

Psoriáza vo vlasoch - *₁ Psoriasis arthritis behandlung chinesische medizin, aruntom.com

<<https://stevens-trichology.com/wp-content/uploads/2016/05/psoriasis.jpg>>

*₂ - 10 Best Shampoos For Psoriasis 2019 (the Most Skin-Friendly) Womens Edge

<<http://www.womensedge.org/wp-content/uploads/2018/02/Best-Shampoos-For-Psoriasis.jpg>>

*₃ - Essential Oils Psoriasis | Natural Essential Oils Online Naturlea Essential Oils for Psoriasis

<<https://www.naturlea.com.au/wp-content/uploads/2018/10/stress-oils-4.jpg>>

Kyfóza - * Kyphosis Correction | Joseph Spine | | Joseph Spine

josephspine.com Scheuermann's disease is a developmental disorder that causes patients to have a stooped forward posture as a result of excessive kyphosis of the spine.

<<https://josephspine.com/wp-content/uploads/kyphosis.png?id=4814>>



Hill Vital
Najlepšie prírodné riešenie.

„Beda, kto v mori vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

Spondylóza - * Spondylosis: Causes, risk factors, and symptoms

Medical News Today A man with cervical spondylosis

<<https://cdn1.medicalnewstoday.com/content/images/articles/312/312598/a-man-with-cervical-spondylosis.jpg>>

Gonartróza - *Search photos gonarthrosis Fotolia

Knee pain in an elderly person

<https://t4.ftcdn.net/jpg/01/58/93/19/240_F_158931968_XmROLOSdbLaXW7bgxEwSu9p3mo29stxF.jpg>

Entezopatia - *1 - How to get rid of tennis elbow: Four ways to improve symptoms and ...

Daily Express

How to get rid of tennis elbow: Four ways to improve symptoms and speed up recovery

<<https://images.spot.im/v1/production/xe2exep8crhsbvwesy0t>>

*2 - Bauerfeind AchilloTrain Achilles Tendon Support - Ankle Support for Pain Relief -

Removable Cushion - Ankle Supports - Ankle Supports & Braces - Supports & Braces
physioroom.com

Bauerfeind AchilloTrain Achilles Tendon Support - Ankle Support for Pain Relief -

Removable Cushion. An active support, with a high-reaching friction insert, for the relief of
Achilles tendon...

<https://www.physioroom.com/images/products//full/38940_image3.jpg>

Psoriázu vo vlasoch skloňujete častejšie ako by ste chceli?

Huzar, T. How to identify and treat scalp psoriasis.

<https://www.medicalnewstoday.com/articles/323664.php>

Scalp Psoriasis.

<https://www.webmd.com/skin-problems-and-treatments/psoriasis/scalp-psoriasis#1>

Diéta pri dne

Raman, R. (26.9.2017). Best Diet for Gout: What to Eat, What to Avoid.

<https://www.healthline.com/nutrition/best-diet-for-gout#section7>

Mlčoch, Z. (25.5.2015) Dna, pakostnice - byliny, bylinky, babské rady, čaj, tinktura, zelenina
vhodná pri dne

<https://www.bylinkyprovsechny.cz/nemoci/ruzne-nemoci/1111-dna-pakostnice-byliny-bylinky-babske-rady-caj-tinktura-zelenina-vhodna-pri-dne>

Čo pomáha na dnu? Zmena návykov



Hill Vital
Na lepšie prírodné riešenie.
„Beda, kto v mori vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

Raman, R. (26.9.2017). Best Diet for Gout: What to Eat, What to Avoid.
<https://www.healthline.com/nutrition/best-diet-for-gout#section7>

Kráčajte s ľahkosťou – bylinky na kŕčové žily! - *1 - How to treat varicose veins | Newcastle Herald
Newcastle Herald Uncomfortable: If varicose veins are bothering you due to the appearance, discomfort, or
<https://nnimgt-a.akamaihd.net/transform/v1/crop/frm/eV5wxSxRk6zflmD5bhc9J/fd4ca831-6e45-4b36-abc7-27edaf2edbb7.jpg/r0_0_3200_2140_w1200_h678_fmax.jpg>

*2 - Buy dried Arnica flowers at Pestle Herbs
<https://pestleherbs.co.uk/wp-content/uploads/P_arnica.jpg>

Achillová päta - *1 - Totowa, NJ Podiatrist | Achilles Tendonitis vs Achilles Heel | Wayne ...
Wayne Foot and Ankle Center, P.A. totowa nj achilles heel achilles tendonitis
<<https://waynefoot.com/wp-content/uploads/2017/12/totowa-nj-achilles-heel-achilles-tendonitis-300x289.jpg>>

*2 - Symptoms of an Achilles Tendon Injury
<<https://www.drkeast.com/images/grayfish/4czgKb8yAGQ5BAB2PKBv.jpg>>

Kyfóza - Kyphosis (hunchback; Scheuermann's disease; Calve disease; roundback ...
HealthEngine - Kyphosis (hunchback; Scheuermann's disease; Calve disease; roundback; postural kyphosis) | HealthEngine Blog
<https://healthengine.com.au/info/assets/thoracic-kyphosis-kyphotic-spine-lateral-view-x-ray_featured_595x240.jpg>

Artróza - *1 Gonartrosis o artrosis de rodilla ¿cómo aliviar el dolor ... Orliman
Gonarthrosis or osteoarthritis of the knee, how to relieve the pain?
<<http://www.orliman.com/wp-content/uploads/post07112017-gonartrosis.jpg>>

*2 Puede la terapia hormonal resultar eficaz contra la artrosis de rodilla?
Infosalus ¿Puede la terapia hormonal resultar eficaz contra la artrosis de rodilla?
<https://img.europapress.es/fotoweb/fotonoticia_20190108172614_640.jpg>

*3 La artrosis afecta al 10% de la población española, especialmente ...
Senda Senior La artrosis afecta al 10% de la población española, especialmente a partir de 40-50 años



Hill Vital
Na lepšie prírodné riešenie.
„Beda, kto v mory vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

<<https://www.sendaseniior.com/photo/art/grande/31776991-29845836.jpg?v=1553003859>>

Mykóza - *1 Foot mycosis (fungi): how to recognise it and how to treat it

<www.centropodologico.com>

Foot mycosis (fungi): prevention and care

<<https://www.centropodologico.com/wp-content/uploads/micosi-piedi-991x661.jpg>>

*2 Dobré rady, nápady, Dobrá rada.sk

Dobré rady, nápady, Dobrá rada.sk

Jedlá sóda, alias sóda bikarbóna, alias hydrogénuhličitan sodný stojí len pár centov a väčšinou po nej siahneme pri pálení záhy, alebo ak potrebujeme ...

<https://www.dobrarada.sk/portals_pictures/i_003264/i_3264951.jpg>

*3 Apple cider vinegar for acid reflux: Does it work, and is it safe?

Medical News Today

apple cider vinegar in small glass

<<https://cdn1.medicalnewstoday.com/content/images/articles/324/324034/apple-cider-vinegar-in-small-glass.jpg>>

*4 - Iya Foods Garlic With Garlic Skin Ground, Kosher Certified, No ...

Iya Foods

Iya Foods Garlic With Garlic Skin Ground, Kosher Certified, No Preservatives, No Added

<https://cdn.shopify.com/s/files/1/1904/9691/products/1_83528f4e-29c3-48b5-b378-1fdd7d1f5855.jpg?v=1558657288>

Čistenie zubov - What Are The 5 Benefits Of A Teeth Cleaning? - Affordable Dentist ...

Affordable Dentist Near Me

Teeth cleaning

<<https://affordabledentistnearme.com/wp-content/uploads/2017/12/Teeth-Cleaning.jpg>>

Po pomoc nemusíte d'aleko - TIPS FOR EASING INFLAMMATION + JOINT PAIN -

LOTUSWEI, Lotuswei

TIPS FOR EASING INFLAMMATION + JOINT PAIN



Hill Vital
Najlepšie prírodné riešenie.

„Beda, kto v mori vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

<https://cdn.shopify.com/s/files/1/0223/5181/articles/Image_from_iOS_1_1400x.progressive.jpg?v=1554505053>

Inflammation: causes, diet & prevention - Saga

Saga

Burning match against red background referring to inflamed pain

<<https://www.saga.co.uk/contentlibrary/saga/publishing/verticals/health-and-wellbeing/conditions/inflammation-what-you-need-to-know.jpg>>

Bercové vředy - Bercový (holenný) vred - popis diagnózy

www.biomag-magnetoterapia.sk

<<https://www.biomag-magnetoterapia.sk/wp-content/uploads/diagnozy/2018/07/bercovy-vred-023-1248x702.jpeg>>

Ženy trpí na bérkové vředy dvakrát víc než muži - Ordinance.cz, Ordinance.cz

Ženy trpí na bérkové vředy dvakrát víc než muži

<<https://www.ordinace.cz/img/articles/16b9/16718.jpg>>

Kategória lordóza - Lordosis Treatment - Hudson Valley Scoliosis

Hudson Valley Scoliosis

anterior pelvic tilt

<https://2xm0t92b1vo22py83u40kcv7-wpengine.netdna-ssl.com/wp-content/uploads/2012/11/anterior-pelvic-tilt.jpg?is-pending-load=1>

Postural Extension Back Brace Vest for Kyphosis, Lordosis & Mild ...

Pinterest

Postural Extension Back Brace Vest for Kyphosis, Lordosis & Mild Scoliosis



Hill Vital
Najlepšie prírodné riešenie.
„Beda, kto v mori vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

<<https://i.pinimg.com/originals/51/da/2b/51da2b47c7610adc600c2b258071bf1f.jpg>>

10 Tips for a Healthy Back -
Butler-Townsend Chiropractic
10 Tips for a Healthy Back

<<http://butlertownsendchiro.com/wp-content/uploads/2015/09/sioux-city-chiropractor-in-morning.jpg>>

Kategória artritída - 1200 × 675Obrázky môžu podliehať autorským právam. Ďalšie informácie

Arthritis | The Chartered Society of Physiotherapy
Arthritis | The Chartered Society of Physiotherapy
How can physiotherapy help manage arthritis?

<https://www.csp.org.uk/sites/default/files/styles/full_width/public/media-image/2018-06/shutterstock_713128687.jpg?itok=6WBjkuq7>

Kíbová výživa - The foods that can make muscle pain worse

A.Vogel

These contain naturally-occurring digestive enzymes which may help to reduce acidity in the body - this is always going to be beneficial for your joints!

<<https://www.avogel.co.uk/images2018/July/citrus600.jpg?id=44273&time=1532705559>>

DNA - Alternative Medicine: Gout Alternative Medicine

Alternative Medicine

Photos of Gout Alternative Medicine

http://smartlifehealthybody.com/wp-content/uploads/2014/12/Alternative_Medicine.jpg



Hill Vital
Najlepšie prírodné riešenie.

„Beda, kto v mory vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

3 druhy alternatívnej medicíny – liečba stará tisíce rokov ...

TipyPreZdravie.sk

Ľudia preto častokrát hľadajú spôsob ako urýchliť liečbu pomocou rôznych alternatívnych metód. Alternatívna liečba znamená, predovšetkým, určitý spôsob ...

<https://tipyprezdravie.sk/wp-content/uploads/2018/11/alternativna-696x473.png>

Alternative Medicine Treatments Doctors Recommend | Reader's Digest

Reader's Digest

7 Alternative Medicine Treatments Doctors Actually Recommend

<https://www.rd.com/wp-content/uploads/2018/07/alternative-medicine-760x506.jpg>

Kokosový olej na varenie a proti cukrovke - Image by Martin

Vorel from Pixabay

Image by moho01 from

Pixabay

Image by StockSnap

from <a



Hill Vital
Najlepšie prírodné riešenie.

„Beda, kto v mori vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

href="https://pixabay.com/?utm_source=link-attribution&utm_medium=referral&utm_campaign=image&utm_content=2592257">Pixabay

Entezopatia - Tips For Managing Low Back Arthritis —

Physical Therapy Bremerton, WA - Intecore PT

Take a moment to sit down and practice good posture to get relief from your symptoms. Even though sitting in a chair doesn't seem helpful, ...

<<http://intecore-pt.com/wp-content/uploads/Low-Back-Pain-1024x682.jpg>>

Vitamíny B-komplex

Background photo created by xb100 - www.freepik.com

Čo sú puríny - Blog

Low-purine Diet: Foods to Eat or Avoid - familydoctor.org

<https://familydoctor.org/wp-content/uploads/2009/11/shutterstock_224209672.jpg>

Ocean Foods

<https://familydoctor.org/wp-content/uploads/2009/11/shutterstock_224209672.jpg>

Povrchový zápal žíl - Blog

[PDF] Stasis dermatitis as a complication of recurrent levofloxacin-associated bilateral leg edema. - Semantic Scholar

INTRODUCTION Several drugs have been associated with the development of peripheral edema. Leg edema can result in dermatitis of the lower extremities. We describe levofloxacin-induced peripheral...

<<https://d3i71xaburhd42.cloudfront.net/54f9c6c4312c9fa61c40ce1690a9906b6f55e3fc/3-Figure1-1.png>>

Deep vein thrombosis and pulmonary embolism: Symptoms and more

<<https://cdn-prod.medicalnewstoday.com/content/images/articles/153/153704/people-with-varicose-veins.jpg>>

Lower Cholesterol: Stop Smoking And Drinking Alcohol

<<https://www.naturallifeenergy.com/images/smoking-alcohol-cholesterol.jpg>>

Burzitida - Blog



Hill Vital
Na najlepšie prírodné riešenie.
„Beda, kto v mori vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

Bursitis: Living & Managing - Pain-Free Living Life

<<https://cdn.painfreelivinglife.com/2016/04/bursitis-elbow-620-1.jpg>>

Bursitis - Wikipedia

<https://upload.wikimedia.org/wikipedia/commons/6/6e/Bursitis_Elbow_WC.JPG>

What Is Olecranon Bursitis - Orthopedic & Sports Medicine

<<https://orthosportsmed.com/wp-content/uploads/2018/06/Olecranon-Bursitis-845x320.jpg>>

Diskopatia - Blog

Degenerative Disc Disease (Discopathy): Symptoms, Causes, Treatment ...

<https://img.gentside.co.uk/article/back/discopathy_636db466fc70b761fe6609c97ba55eeb39430175.jpg>

Cervical and Lumbar Discopathy: Causes, Natural treatments

<<https://i2.wp.com/www.thejoyofwellness.net/wp-content/uploads/2014/06/FotoliaELONGACION1.jpg?fit=377%2C318&ssl=1>>

Becherova choroba- Blog

Bechtěrevova choroba – lednový seminář v Praze - Inspirante

<https://www.inspirante.cz/wp-content/uploads/2019/01/190116_Aktuality_Becht%C4%9B-semin%C3%A1%C5%99-Praha.jpg>

Lower back spasm: Causes, treatment, and prevention

There are many possible causes of lower back spasm, including poor posture, muscle overuse, and injuries. In some cases, the spasm may occur as a result of a more serious, underlying condition...

<https://cdn-prod.medicalnewstoday.com/content/images/hero/321/321916/321916_1100.jpg>

DASH diéta- Blog

The DASH diet is proven to work. Why hasn't it caught on ...

<https://img.washingtonpost.com/rf/image_480w/2010-2019/WashingtonPost/2017/03/30/Production/LocalLiving/Images/iStock-171294386.jpg?uid=IG5B6hWMEetoBSJtzWzow>



Hill Vital
Najlepšie prírodné riešenie.

„Beda, kto v mory vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

Red meat consumption increases risk of early death by 10 ...

<<https://static.independent.co.uk/s3fs-public/thumbnails/image/2015/10/26/14/Red-Meat.jpg>

>

Atrial fibrillation linked to increased blood pressure, risk ...

<https://www.georgeinstitute.org/sites/default/files/styles/featured_top/public/main-images/heartbeat_0.jpg?itok=50Zgmxa5

<https://www.freepik.com/free-photo/ear-wheat-front-baked-bread_3157666.htm#page=1&query=cereal%20bread&position=22

KBT - *1 Daylight Saving Time 2017 Quotes: 10 Sayings About Changing Clocks To Spring Forward On Sunday at 2 a.m., most of the U.S. will spring forward except for Hawaii and Arizona, which opted out of daylight saving time.

<<https://s1.ibtimes.com/sites/www.ibtimes.com/files/styles/lg/public/2016/10/19/daylight-savings-time.jpg>

*2 Cognitive Behavioral Therapy Service - Critical Thinking for Success Image of brain analogy of a brain before and after cognitive behavioral therapy.

<<https://www.criticalthinkingforsuccess.com/wp-content/uploads/2018/08/cognitive-behavioral-therapy-service.png>

Vypadávanie vlasov na jeseň - *1 Hair Loss During Pregnancy: Telogen Effluvium

Telogen effluvium, or hair loss, is the shedding of hair that occurs during pregnancy. Hair loss is not uncommon, affecting between 40 to 50% of women.

<https://americanpregnancy.org/wp-content/uploads/2012/04/shutterstock_6886678.jpg

*2 Söndagsintervjun: Jan Alenfall, vd Follicum - BioStock

BioStocks populära serie med söndagsintervjuer fortsätter. Denna gång har vi pratat med Jan Alenfall, vd för lundabaserade Follicum, ett bolag som utvecklar nya läkemedel mot håravfall...

<<https://24mveri4z43mt0212q67obp6-wpengine.netdna-ssl.com/wp-content/uploads/2015/05/follicum.jpg>

*3 Seven high-protein foods to include in your meals - Food

<https://img.jakpost.net/c/2019/04/02/2019_04_02_69095_1554196119_large.jpg



Hill Vital
Najlepšie prírodné riešenie.

„Beda, kto v mory vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

*4 Feeling September Stress? 5 Ways To Survive #Stresstember

<https://www.hermoney.com/wp-content/uploads/2019/09/autumn-season_t20_V7xRWP-840x487.jpg>

Osteoporóza - *1 Osteoporosis prevention 2019: Osteopenia study urges early

<<https://www.pharmaceutical-technology.com/wp-content/uploads/sites/10/2019/06/elderly-walking-stick.jpg>>

*2 Bones of the Leg and Foot | Interactive Anatomy Guide

<https://www.innerbody.com/assets/bones_leg_foot.png>

Svrbenie - *1 I am so itchy! - Colorado Allergy & Asthma Centers, P.C.

<<https://coloradoallergy.com/wp-content/uploads/2019/07/itching-skin.jpg>>

*2 Can Marijuana Cause Psychosis? - BrightQuest Treatment Centers

<<https://d3iazq41jmjhnc.cloudfront.net/wp-content/uploads/2018/03/Can-Marijuana-Cause-Psychosis-855x570.jpg>>

Kokosový olej - *110 formas mágicas de usar aceite de coco dentro y fuera de la cocina
Conoce en qué cosas puedes usar este súper alimento.

<<https://cdn.doers.video/embed/1d1aefa0444954c78ad21cce0f0071526394507/5a0e747058835.jpg>>

*2 Root Vegetable Fries: A Seasonal Twist on the Classic Side

Stock up on a variety of seasonal root vegetables at the farmers market and turn them into a ...

<https://www.organicauthority.com/.image/t_share/MTU5MzMwMjA2MzYxMDY5MTUy/root-vegetable-fries.jpg>

>

Alergia na zimu - *1 Allergic to the Cold Temperatures? It's Real For Some ...

<<http://flushinghospital.org/newsletter/wp-content/uploads/2017/01/ThinkstockPhotos-185934151.jpg>>

*2 Staying Healthy This Winter: Don't Be Surprised If Your ...

<https://www.phillymag.com/wp-content/uploads/sites/3/2014/11/06-Allergy_and_Asthma_Winter_Allergies-image_940x540.jpg>



Hill Vital
Najlepšie prírodné riešenie.

„Beda, kto v mory vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

*3 Warm Clothes Bin Drive To Help Spread The Warmth - SPUD.ca

<<https://about.spud.com/wrdp/wp-content/uploads/2015/11/Untitled-design-73.jpg>>

Homeopatika - *1 Homeopathy Medicine and Herbs - Photos by Canva

<https://marketplace.canva.com/MADaEgcpVIg/1/thumbnail_large-1/canva-bunch-of-shepherds-purse%2C-bottle-of-homeopathic-globules%2C-mortar-of-bursa-pastoris-medicinal-herbs-and-old-book.-homeopathy-medicine.-MADaEgcpVIg.jpg>

*2 How homeopathy can help in treating nasty cough and cold - Times of India

Homeopathy medicines are made from natural substances and have almost no side effects.

<<https://static.toiimg.com/photo/msid-70769088/70769088.jpg?resizemode=4&width=400>>

*3 Homeopathic Remedies for Diabetes: Do They Work?

<https://www.healthline.com/hlcmsresource/images/topic_centers/2018-6/Chamomile_and_Homeopathic_Medicine-1200x628-facebook.jpg>

Parabény - *1 Lotion ingredient paraben may be more potent carcinogen than ...

<<http://news.berkeley.edu/wp-content/uploads/2015/10/paraben410.jpg>>

*2 The 8 Body Lotions With SPF for Daily Sun Protection in 2019 – SheKnows

These bad boys are perfect for everyday wear.

<<https://www.sheknows.com/wp-content/uploads/2018/08/applying-daily-sunscreen.jpeg>>

Whiplash injury - švihové poranenie krčnej chrbtice - *1 PDR Clinics

Whiplash Injuries - PDR Clinics

<<https://pdrclinics.com/wp-content/uploads/2019/07/Whiplash-760x467.jpg>>

*2 Ball Eggleston

Why It's Important to See a Doctor After a Whiplash Injury

*3 O'Connor & Partners, PLLC

What Are the Long-Term Effects of Whiplash?

<<https://www.oconnorpersonalinjury.com/wp-content/uploads/2019/07/long-term-effects-whiplash.jpg>>



Hill Vital
Najlepšie prírodné riešenie.
„Beda, kto v mory vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

K otázkam prekyslenia organizmu: - *1 Banggood

PH 1-14 Test Paper Litmus Strips PH Universal Indicator Paper with Color Chart

<<https://imgaz1.staticbg.com/thumb/large/oupload/banggood/images/0B/F2/df2b04e0-b4d0-4767-89d6-d37fe04d1f25.JPG>>

*2 Food & Nutrition Magazine

Alkaline Diet: Does pH Affect Health and Wellness? - Food ...

<https://i2.wp.com/foodandnutrition.org/wp-content/uploads/2017/05/acid_alkaline_diet-914f4524.jpeg?fit=780%2C520&ssl=1>

*3 Independent.ie

Dietitian Orla Walsh: Which colourful foods should you be eating ...

<https://cdn-04.independent.ie/life/health-wellbeing/healthy-eating/article37413029.ece/2ccf5/AUTOCROP/w620/2018-10-15_lif_44771816_I2.JPG>

Lumbago: - *1 bazdeh.org

درمان کمر درد: ۳۲ بهترین درمان خانگی کمر درد که بسیار موثر است - مجله کسب و کار بازده

<<https://bazdeh.org/wp-content/uploads/2017/06/%DB%B3%DB%B2-%D8%A8%D9%87%D8%AA%D8%B1%DB%8C%D9%86-%D8%B1%D8%A7%D9%87-%D8%AF%D8%B1%D9%85%D8%A7%D9%86-%DA%A9%D9%85%D8%B1-%D8%AF%D8%B1%D8%AF-%D8%A8%D8%A7-%D8%B1%D9%88%D8%B4-%D9%87%D8%A7%DB%8C-%D9%85%D9%88%D8%AB%D8%B1-%D8%AE%D8%A7%D9%86%DA%AF%DB%8C.jpg>>

*2 www.istockphoto.com

Best Safety Correct Lifting Of Heavy Box Vector Illustration Illustrations, Royalty-Free Vector Graphics & Clip Art - iStock

<https://media.istockphoto.com/vectors/correct-posture-to-lift-a-heavy-object-man-lifting-object-vector-id1066496862?k=6&m=1066496862&s=612x612&w=0&h=Q9Jt-eHJIOwfff6SLQFZWEL3Ft_0y2agKCRSEAhR480=>>

Z histórie ľudového liečiteľstva - *1 over2shailaja.wordpress.com

Integrative medicine Ayurveda & Folk Medicine « over2shailaja

<<https://over2shailaja.files.wordpress.com/2016/11/ayurveda-main.jpg?w=705&h=392>>

*2 - richmondnaturalmed.com

6 Ways to Incorporate Medicinal Herbs Into Your Daily Routine

<https://richmondnaturalmed.com/wp-content/uploads/2014/02/Fotolia_40138917_M.jpg>

*3 - the Otherworldly Oracle



Hill Vital
Najlepšie prírodné riešenie.

„Beda, kto v mory vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

How to Be a Folkloric Traditional Witch in 5 Steps - Otherworldly...

<https://otherworldlyoracle.com/wp-content/uploads/2018/12/16105613_1592562304094458_713687574734513749_n.jpg

>

*4 - The Yucatan Times

UADY researchers study Mayan plant remedies – The Yucatan Times

<<https://www.theyucantimes.com/wp-content/uploads/2017/01/plant-remedies.jpg>>

Zdravotné rizika zimy - *1 American Heart Association

Chilling studies show cold weather could increase stroke risk

<https://www.heart.org/-/media/images/news/2019/january-2019/0131coldweather_sc.jpg>

*2 MedStar Washington Hospital Center Blog Center View

MedStar Washington Hospital Center Blog Center View | Pay

<<https://ct1.medstarhealth.org/content/uploads/sites/135/2018/01/frostbite2-mobile.jpg>>

*3 www.todayifoundout.com

Why Does Hypothermia Help People Survive in Some Situations?

<<http://www.todayifoundout.com/wp-content/uploads/2017/03/frozen-woman.png>>

*4 - Keck Medicine of USC

How To Prevent Arthritis Pain, When It's Cold | Keck Medicine of USC

<<https://www.keckmedicine.org/wp-content/uploads/2017/11/woman-is-having-her-arthritis-a-ct-up-in-her-leg-and-has-to-stop-from-her-jog-down-the-cold-street-filled-with-snow-to-massage-her-right-leg.jpg>>

*5 - www.bustle.com

A Common Cold Cure In Mice Is A Turning Point In Cold Research

<<https://imgix.bustle.com/uploads/shutterstock/2019/9/18/1e9cb9c7-a01c-427c-8406-b455769cfa38-shutterstock-1216573804.jpg?w=970&h=546&fit=crop&crop=faces&auto=format&q=70>>

Autogénny tréning - *1 Open College

Autogenic Training Tutorial

<<https://www.opencollege.info/wp-content/uploads/2015/12/tranquil-relaxation-skills.jpg>>

*2 klubfedotova.ru

Autogenic training at home. Exercise "Cool forehead." Biofeedback ...



Hill Vital
Najlepšie prírodné riešenie.

„Beda, kto v mory vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

<<https://i2.wp.com/psytheater.com/images/autogennaya-trenirovka-6.png>>

Placebo, nocebo efekt - *1 Vox

The weird power of the placebo effect, explained - Vox

<[https://cdn.vox-cdn.com/thumbor/d-XukpvCKZyZ_2S8PPVINI4eXY4=/0x0:1297x780/1200x800/filters:focal\(628x518:834x724\)/cdn.vox-cdn.com/uploads/chorus_image/image/55606685/PLACEBO_LEAD.0.jpg](https://cdn.vox-cdn.com/thumbor/d-XukpvCKZyZ_2S8PPVINI4eXY4=/0x0:1297x780/1200x800/filters:focal(628x518:834x724)/cdn.vox-cdn.com/uploads/chorus_image/image/55606685/PLACEBO_LEAD.0.jpg)>

*2 Verywell Mind

How the Placebo Effect Works in Psychology

<[https://www.verywellmind.com/thmb/QcFrqbpQmKznNTOGFrQLJeKEOBM=/768x0/filters:noop_upscale\(\):max_bytes\(150000\):strip_icc\(\)/GettyImages-492759848-5acfa6f6fa6bcc00364cf7.jpg](https://www.verywellmind.com/thmb/QcFrqbpQmKznNTOGFrQLJeKEOBM=/768x0/filters:noop_upscale():max_bytes(150000):strip_icc()/GettyImages-492759848-5acfa6f6fa6bcc00364cf7.jpg)>

*3 Talkspace

Why You Might Feel Bad (Or Worse) After Therapy | Talkspace

<<https://www.talkspace.com/blog/wp-content/uploads/2016/10/feel-bad-worse-after-therapy.png>>

*4 Allure

What Is "Period Flu"? How Hormonal Changes Can Make You Feel Sick ...

<https://media.allure.com/photos/5a59238b97e441638d85344a/16:9/w_2560%2Cc_limit/GettyImages-709124047.jpg>

Zdroje - Čo musíte vedieť o zime, ak máte kožné problémy - *1 The Pharmacist

Advising patients on winter skin problems - The Pharmacist

<<https://www.thepharmacist.co.uk/wp-content/uploads/2018/10/winter-skin.jpg>>

*2 www.superiorglove.com

5 Work-Related Skin Problems You Can Fix with Quality Work Gloves

<<https://71014196.superiorglove.com/wp-content/uploads/GettyImages-615724642-2-e1536237958615.jpg>>

*3 Nivea Winter Skin Care Guide: Goodbye Dry Skin | Dry Skin | NIVEA

<<https://www.nivea.co.uk/-/media/global/advice/nice-skin/how-to-care-for-dry-hands-in-winter-202/young-woman-portrait-on-a-cold-winter-day-header.jpg?rx=0&ry=0&rw=2063&rh=806>>

Zdroje - Vlastná arniková masť: ako si ju vyrobiť? - *1 nofussnatural.com



Hill Vital
Najlepšie prírodné riešenie.

„Beda, kto v mory vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

Arnica Salve Recipe - No Fuss Natural

<<https://nofussnatural.com/wp-content/uploads/2018/03/Homemade-arnica-salve-for-bruises.png>>

*2 McGill University

What is Arnica? | Office for Science and Society - McGill University

<https://www.mcgill.ca/oss/files/oss/styles/hd/public/arnica.jpg?itok=G3u4i_8g×tamp=1502417810>

*3 PureWow

15 Surprising Uses for Beeswax - PureWow

<https://purewows3.imgix.net/images/articles/2019_10/Uses-for-beeswax.jpg?auto=format,compress&cs=strip>

*4 Outsidepride.com

Arnica Seeds

<<https://www.outsidepride.com/images/products/detail/herbseed/arnicamontana.jpg>>

Zdroje - Ako zbierať a pestovať kostihoj lekárky? - *1 Comfrey tincture with dried comfrey root and fresh plant ...

<https://marketplace.canva.com/MADlyRuvMng/1/thumbnail_large/canva-ointment-with-comfrey-MADlyRuvMng.jpg>

*2 Comfrey

100,00 ZAR*·Na sklade·Značka: Earthbound Organics

... speeds up the healing of many wounds and skin conditions. It is also used to treat stomach ulcers, bones, joints, ligaments & muscles. It is also ...

<<https://earthboundorganics.co.za/wp-content/uploads/2018/10/Tincture.png>>

Je psoriáza nákazlivá? - *1 Peachtree Dermatology

Psoriasis Treatment Atlanta | Psoriasis Relief Atlanta

<<https://peachtreedermatology.com/wp-content/uploads/2019/04/Psoriasis.jpg>>

*2 Wexner Medical Center - The Ohio State University

This skin-care toolkit can help psoriasis

<https://wexnermedical.osu.edu/-/media/images/wexnermedical/blog/2018-stories/02/psoriasis/psoriasis_large.jpg?la=en&hash=25A670742BF8FD7C617FB3FBDE735CAAF1E86ACD>



Hill Vital
Najlepšie prírodné riešenie.

„Beda, kto v mory vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

Imunita? - *1

<https://www.freepik.com/free-photo/letter-c-with-fresh-lettuce_912338.htm#page=2&query=vitamin+C&position=5

>

Zdroj - kategória bolesti krížov - *Healthline

What's Causing My Lower Back and Hip Pain?

<https://i0.wp.com/images-prod.healthline.com/hlcmsresource/images/topic_centers/2018-9/old_man_back_pain-732x549-thumbnail.jpg?w=756&h=567>

Zdroj - kategória - bolesť křčnej chrbtice - *Sharecare

3 Tricks for Ending Neck Pain - Sharecare

<https://res-3.cloudinary.com/sharecare/image/upload/c_fill,f_auto,h_340,w_600/v1478194616/articles/3-tricks-for-ending-neck-pain>

ZDROJE ČLÁNKOV

Uvedte názov príspevku a URL. Prosím, nezabudnite, že názvy jednotlivých príspevkov v rámci on-line komunit (napr. blogov, diskusných fór, fór) sa nezvýrazňujú kurzívou.

Ak nie je k dispozícii meno autora, uvedte pseudonym. Dátum získania zdroju sa píše iba za predpokladu, že v budúcnosti bude príspevok upravovaný

Pr. :

Dean, J. (7. mája 2008). When the self emerges: Is that me in the mirror? Príspevok zaslaný na <http://www.spring.org.uk/>

Myslím, že nie je nutné uvádzať dátum ani podobné záležitosti, bude stačiť, ak tam dáme zdroj v tejto podobe <http://www.spring.org.uk/>

Pigmentové škvrny, Miška -



Hill Vital
Najlepšie prírodné riešenie.

„Beda, kto v mory vidí iba vodu, kto nepočuje nemú prírodu,
kto v skalách vidí iba skaly.“

-Andrej Sládkovič

*₁ Bridgite March 03.08. 2018

<<https://www.cosmopolitan.com/uk/beauty-hair/a19890/what-is-pigmentation-and-how-to-treat-it/>>

*₂ Knap Institute

<<https://www.knapinstitute.nl/en/behandeling/remove-pigment-stains-amsterdam/>>

Neuropatia - kategória Miška

<https://www.mayoclinic.org/diseases-conditions/diabetic-neuropathy/symptoms-causes/syc-20371580>

<https://my.clevelandclinic.org/health/diseases/14737-neuropathy/management-and-treatment>

Psoriáza - kategória

<https://www.mayoclinic.org/diseases-conditions/psoriasis/diagnosis-treatment/drc-20355845>

<https://www.mayoclinic.org/diseases-conditions/psoriasis/diagnosis-treatment/drc-20355845>

Blog - Mind diéta

Trainings | Western Regional Public Health Training Center

<https://wrphtc.arizona.edu/sites/default/files/fvbrain%20image.jpg>

Is there a link between hearing loss and Alzheimer's ...

<https://www.polycliniquedeloreille.com/wp-content/uploads/2016/11/alzheimer.jpg>